



Online

Metabolic Syndrome and Healthy Lifestyle

Diabetes Mellitus, Thyroid Issues, Obesity –
Causes and methods to address them, and healthy ways
to approach food and lifestyle

ZOOM SEMINAR ON SUNDAY 10 JULY, 2022,
10 am to 12 noon Eastern USA time
6 pm to 8 pm Dubai time
7:30 pm to 9:30 pm India time
3 pm to 5 pm UK time

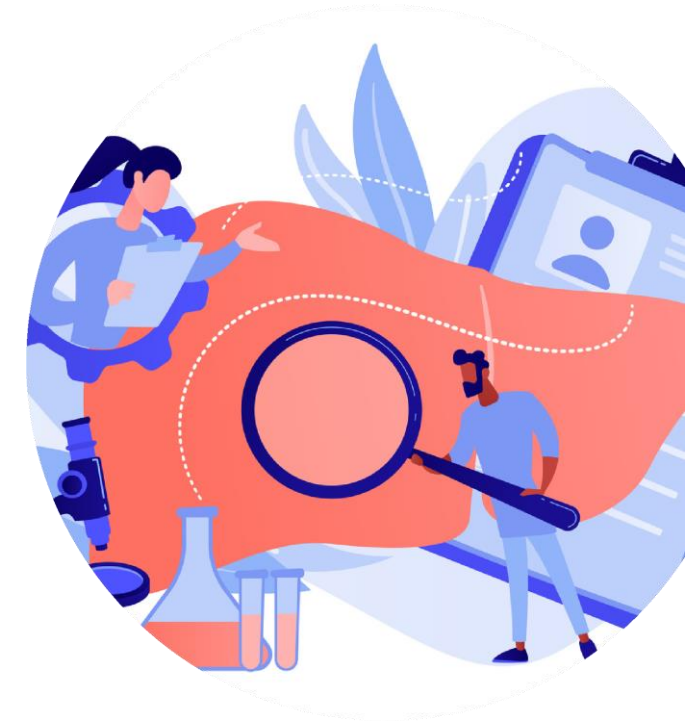


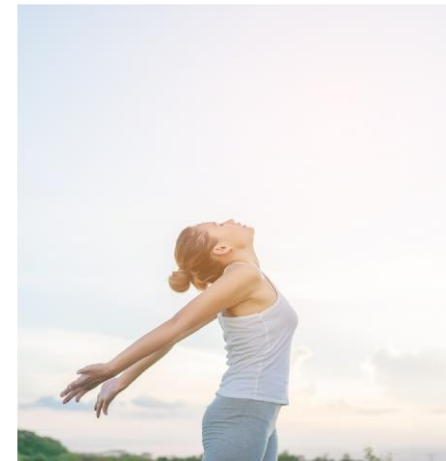
Lead Speaker:
Ananda Balayogi Bhavanani, MD
ICYER, Pondicherry, India

Additional Panelists: Rajan Narayanan, Stoma Parker, Sanjeev Krishna
and doctors from our Therapy program

Contact: Rashna Daroga
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Web: cyai.org

**CLICK HERE
TO REGISTER**





Online

Upcoming Seminars 2022

Monthly Seminars on Second Sunday of Every Month 10 am Eastern USA Time

- Aug 14 - Importance of Sleep Quality
- Sep 11 - Mental Health Thru the Lifespan
- Oct 9 - Understanding Allergies and Autoimmune Conditions
- Nov 13 - Family Relationships and Health
- Dec 11 - Learning to Live Joyfully



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All seminars are conducted by Zoom for 2 hours. The format is as follows:

- Lead speaker gives an intro presentation in 10 minutes
- Two or three other panelists may provide additional thoughts
- About 90 minutes will be reserved for question-answers and discussion

Attendance requires registration as CYAI member. Upon clicking to register it will prompt you to pay your annual \$25 membership fee which grants you access to all seminars in the next 12 months.