Minutes of Second Meeting Minutes of CYAI MEETING Dec 25 to 27, 2012

<u>Minutes Note of Resignation of Bob Butera</u> – It was noted at the opening of the meeting that Bob Butera of Yoga Life has resigned from the Board soon after the end of the first meeting in September 2012.

<u>Approval of Email Meeting Mintues</u> – Minutes of Email Meeting ending Sep 6, 2012 was reviewed item by item projected on the screen and was approved by all present.

Application for 501(c)6 tax exemption status of organization is to be filed.

<u>Swami Veda Bharati's Organization Inducted as Member</u> – Based on approval by 75% of the Board in the previous Board meeting and Swamiji accepting to join, Swami Veda Bharati's organization (Swami Rama Sadhak Gram, Rishikesh) was approved as member. [The organization was later corrected as AHYMSIN - Association of Himalayan Yoga Meditation Societies International upon notification by Swami Veda Bharati.]

Mutual Review Next Steps

As per the agreed document from the previous meeting, two groups among charter members (plus Swami Veda Bharati) were drawn from lot by Dr. Nagendra for mutual audit. Group 1 - SVYASA, Kaivalyadhama, Yoga Life, KHYF, DSVV – Dr. Nagendra to coordinate; Group 2 - Veda Bharati, Portoguese Confed, Yoga Inst, Amrit Yoga, Life in Yoga & ICYER – Rajan Narayanan to coordinate March 31, 2013 deadline for written material submission as per form circulated May 31, 2013 Audit completion deadline.

Yoga Therapy Levels Agreed

Level 1: Yoga Therapist – as per current definition in by-laws

Level 2: Yoga Therapy Physician – Licensed physician who is also a Yoga Therapist

Level 3: Yoga Therapy Specialist Physician – Yoga Therapy Physician who has undergone very high level of specialized training in one disease area.

<u>Levels of the Yoga Stream – Special Approval for Portuguese Yoga Confederation</u> Given their very high standards compared to the levels set there was agreement that there would be no changes in our current level. However the Portuguese Confederation can introduce two additional levels called Advanced Instructor and Advanced Teacher, and can use the Instructor and Teacher level at a suitable half way point in those programs. Dr. Nagendra will also work with them to provide degree certifications for Bachelors, Masters and PhD through SVYASA.

<u>Filing list for online Database</u> –All members should submit their list by March 31, 2013.

Membership fees can be paid through the website for those who have not yet paid.

<u>Certification Renewal Management (Periodicity of renewal/recertification, processing responsibility, fees)</u> -The following were agreed unanimously:

- (a) <u>Periodicity</u> For special cases where the program quality and duration is substantially above the defined standards, the renewal may be less frequent than the 3 year renewal adopted in our by-laws.
- (b) <u>Processing Responsibility</u> The centralized renewal change that was suggested in the previous meeting, but the by-laws change was not approved to bring it into force, stands withdrawn.
- (c) Fees for filing names will be agreed shortly.

<u>Masters and Fellows Selection Process</u> were agreed upon with minor modifications to the previous proposal. Members are requested to submit proposals (with form documentation) for Masters (and Fellows) by March 31, 2013. Masters determination would take place by May 31, 2013 along with the mutual audit. There would be no deadline for Fellowship passage. Members may nominate non-members too for these honors.

<u>Marketing and Promotional Strategy</u> - The following were agreed unanimously:

- CYAI logo should be presented on website of all member organization with "Member of" just above the logo, and when clicked on the logo takes one to the CYAI.org website.
- Official stationary of each member should keep CYAI logo and web link with the prefix "Member of"
- Event related media material (printed material, banners, etc.) should use CYAI logo and weblink
- The following tag lines were approved for usage with CYAI logo:
 - Body of Top Worldwide Yoga Expert Organizations
 - Highest yoga standards
- CYAI will celebrate June 21Solstice as World Yoga Day In 2013, this will be in Portugal and for 2014 we will explore the possibility of doing in Washington DC on the Capitol Mall.
- CYAI database listing of certified people on our website will also help members working to get this done ASAP will be appreciated.

Target Goals for next few months and years

(a) Membership goals by each geographic region and target segment

- (b) Annually celebrating World Yoga Day on June 21 Solstice (or closest Sunday)
- (c) Ways for smaller bodies to connect with current members to avail of CYAI certification.
- (d) Longer term goals include: influencing All India Institute of Medical Sciences to hire Yoga Therapy faculty; Get CME provider status in the United States; Fostering Research and influencing scientific community; Seek to bring greater awareness of CYAI yoga at NIH; Bringing yoga to schools all over the world; Influencing the political community on the value of yoga; Bringing greater awareness in corporate environment with suggestion to include yoga questions as part of any job application.

<u>The Yoga Institute Presentation</u> - Suchitra Pareekh of The Yoga Institute presented the document they had compiled with their thoughts on accreditation.

Future in-person Meeting Dates-Location Proposed -

June 25, 2013 in Portugal as part of World Yoga Day Program in Portugal December 17 or 22, 2013 at SVYASA, Bengaluru